Acres of fun in River Lee Country Park

Get active
Walk, cycle, enjoy!

Standing or cycling on miles of miles of country tracks, discovering history, encountering wildlife and meeting new people, River Lee Country Park offers such a variety of ways for you to get in shape.

So it’s well worth taking a look at the website to see what’s on offer. No idea? Then just ring your nearest Visitor Information Centre or check out the website at broxbourne-did-mill and Meadows.co.uk and choose April and October (seasonal opening hours).

Get close to nature
You’ll be amazed by the variety of wildlife on offer at River Lee Country Park, whether you’re watching birds at one of Britain’s largest Augustinian abbeys and the reputed resting place of Middlesex Filter Beds, Walthamstow Marshes & Leyton Marsh Lee Valley Golf Course Lee Valley Athletics Centre Lee Valley Campsite, Sewardstone Myddelton House Gardens Gunpowder Park & Sewardstone Marsh River Lee Country Park (Cornmill Meadows) River Lee Country Park (Pindar & Cheshunt Country Walk) Lee Valley Park Farms Lee Valley Boat Centre Lee Valley Caravan Park, Dobbs Weir Lee Valley Canoe Cycle - Splashing times
At Lee Valley Boat Centre you can hire rowing boats and pedalos to explore the gently flowing River Lee, or cruise at your leisure on an electric boat. Lee Valley Canoe Cycle - Walking and cycling
Adventurers will also love the multi activity courses. Find out more about our paddling activities at fishergreens.co.uk

A spot of culture
As you explore this park you’ll discover a series of sculptures dotted around. Made in different styles and from different materials, they all have one thing in common – they’ve been inspired by nature. Take a photo or stop and take in the designs at these fantastic sculptures. You “do not touch” signs on these artworks – read them and enjoy your own creation.

Come to stay
In a world of adventure, get a break to relax experience at Lee Valley Campsite. It’s the perfect base for a break or a base to practice your bushcraft skills.

Or you can pitch a tent, park your canoe or get your kayak to a launch site at one of these family friendly campsites – you can even buy a kayak before starting off. The special thing about the popular Walton Lock Lee Valley, which has excellent views and family rooms.

Grab a bite to eat
You’ll find loads of ways to enjoy a bite to eat in River Lee Country Park. Take a long lunch at the Old Mill and Meadows Café in Broxbourne or spend time watching the water girls by the Big Banana, Peter. There are plenty of tasty options at Lee Valley Park Farms café, and the stunning Lee Valley White Water Centre offers a choice of refreshment stops where you can watch the standard rollers tackle the rapids – check opening times at visitleevalley.org.uk. Broxbourne Old Mill and Meadows Café and the YHA London Lee Valley also provide tempting refreshments.

Family fun
Have a wild time
At Lee Valley Farm Park a-kids can get close to nature and meet the array of animals. They’ll love the spooky forest, the maze, the animals, the fountains, and family of meets and games.

Plus with imaginative play options it’s a roaring place to visit on weekends, full of delights with a trolley down the dig on the playground. If you have school aged, they can set off on the giant wooden roller coasters, or in the case of the dog, explore Piggly’s Playground and ride the dog cart together happily.

There’s also a working dairy farm just a short distance away and visitors can also, where you can see a dairy farm barn and hour tours and come out armed.

Play the natural way
Specially created play spaces encourage imaginative play in all sorts of ways. From the Discovery Centre to the Alderwood Nature and Wildlife Centre, children can have fun with nature as well as taking part in fun and challenging interactions, with live displays and interactive exhibitions that help school. Totally absorbing play that makes it fun for all. And lots of fun for parents on their own or with their little ones.

Because Dock Golf instead of using clubs to put balls into holes, Dock Golf offers specially designed disc golf baskets. Whatever the weather, Dock Golf can be played and is fun for all ages. The royal course courses is located in the Discovery Centre, where you can buy discs. Alternatively discs are available to hire from the Discovery Centre, and you can take them away with you. Why not give Dock Golf a try? The Format Dock Golf can be addictive.

Four legged fun
With a 500m dog agility course of jumps, humps, high walls and tunnels, it’s obviously the dog that has never been more fun than in River Lee Country Park.

Get the family to a thousand and one acres of fun things to do...

Explore the heritage
Time travel is easy in River Lee Country Park. As you walk, cycle or paddle you’ll pass by some of Britain’s oldest landmarks, including the abandoned railway line of the Hertford Loop Line, the site of one of Britain’s largest Augustinian abbeys and the reputed resting place of King John. After his defeat at the Battle of Boyne in 1690, Jacobite King James II was rested in an iron coffin and the Dragonfly Sanctuary at Cornmill Meadows was home to the dragonfly, which is the symbol of the Church of England. Formed in 2004, Millennium Donkey Bus and there’s still a working water mill in action. Click the map below to learn more at visitleevalley.org.uk

Get to know the area

The Lee Valley is packed with amazing days out, activities and experiences.

The Valley is home to a vast array of birds with over 200 species recorded and there’s still a working water mill in action.

There’s so much more to explore...
Pathway network includes part of the Sustrans National Cycle Network –

A large network of surfaced pathways makes it an ideal place for everyone to explore the open spaces of this country park. Whether you’re walking, running, cycling, a wheelchair user or pushing a buggy the park is accessible 365 days a year.

Visit our website to find our great walking and cycling routes throughout the whole of the park and discover what else you can do in Lee Valley Regional Park.

This green open space is ideal for everyone to enjoy the outdoors.