

Distance:	1 mile
Starting point:	Lee Valley Ice Centre car park, Lea Bridge Road, Leyton, London E10 7QL
Route summary:	A circular wildlife and heritage route around Walthamstow and Leyton Marshes
Terrain:	Surfaced and grass pathways and boardwalk

Directions

- From the car park head north to the left of the **Lee Valley Ice Centre** passing through the double gates and past a **wildlife and heritage interpretation panel**
 - Continue north along the path, on your left is the **Lee Navigation** and on your right, **Leyton Marsh**
 - Proceed over the cattle grid, entering Walthamstow Marshes
 - Continue north towards the railway bridge and the **AV Roe Arches**
 - In front of the arches, turn right and proceed along the boardwalk, leading onto the grass pathway, through the **wildflower meadow**
 - At the end of the grass path, continue between the two concrete pillars, passing another interpretation panel
 - Turn right onto the surfaced path and continue south to Leyton Marsh, passing **Lee Valley Riding Centre** on the left
 - Shortly after a road on the left, turn right over a bridge and continue along the grass pathway, turning left to re-join the pathway back to the starting point
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Toilets

- Lee Valley Ice Centre

Refreshments

- Lee Valley Ice Centre

Things to note

- Public transport links:
 - The closest station is Lea Bridge
 - Buses run along Lea Bridge Road
 - Plan your journey with [Transport for London](#)

Brought to you by

- Car parking charges apply at Lee Valley Ice Centre
 - The site is within the [Ultra Low Emissions Zone](#)