

**Route Summary:** This linear route discovers three hidden wonders steeped with history and wildlife. The route heads south on the road to Bow Creek Ecology Park. Following the pathway through and back, the route then continues south, crossing the road towards the river and Trinity Buoy Wharf (off Orchard Place) before doubling back to East India Dock Basin.

**Distance:** 2 ½ miles

**Terrain:** Surfaced paths including roadside pavements, steps and a road to cross.



**Starting Point:** Canning Town Tube Station

- From Canning Town Tube Station, turn left along Victoria Dock Road, and proceed up onto the A13 slip road.
- Follow the road and turn left down a set of steps and right onto the Bow Creek Ecology Park Road.
- Follow the road, passing a blue bridge on the right and enter **Bow Creek Ecology Park** through the multi-coloured gates.
- Continue through the Park along the surfaced pathway to the gate on the **River Lea**.
- Retrace the route back to the blue bridge and cross over the River Lea.
- Follow the pavement, bearing to the left.
- Turn left onto the riverside pathway, keeping the river on the left.
- At the round-about, cross over the road and turn left along the pavement following the Lower Lee Crossing slip road.
- Turn right onto Orchard Place, passing the entrance to East India Dock Basin on the right and proceed along the road to **Trinity Buoy Wharf**.
- Retrace the route back to the entrance of **East India Dock Basin** and turn left through the brown gates.
- Follow the pathway to the jetty on the **River Thames**.
- Cross over the **dock gates** and follow the path around the woodland, turning right back towards the Basin.
- Continue along the pathway to the left of the Basin to the gate on the north-west corner of the site.
- Cross over the road at the mini round-about and continue along Blackwall Way to East India DLR station on the right.

#### Toilets

- Canning Town Station
- Trinity Buoy Wharf

#### Refreshments

- Canning Town Station
- Trinity Buoy Wharf